

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION		(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6004428	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____		(X3) DATE SURVEY COMPLETED C 06/07/2016
NAME OF PROVIDER OR SUPPLIER HILLSBORO REHAB & HCC			STREET ADDRESS, CITY, STATE, ZIP CODE 1300 EAST TREMONT STREET HILLSBORO, IL 62049		
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S9999	<p>Final Observations</p> <p>STATEMENT OF LICENSURE VIOLATIONS</p> <p>300.1010h) 300.1210b) 300.1210d)3) 300.3240a)</p> <p>Section 300.1010 Medical Care Policies</p> <p>h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not limited to, the presence of incipient or manifest decubitus ulcers or a weight loss or gain of five percent or more within a period of 30 days. The facility shall obtain and record the physician's plan of care for the care or treatment of such accident, injury or change in condition at the time of notification.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour,</p>	S9999	<p>Attachment A</p> <p>Statement of Licensure Violations</p>		

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

06/24/16

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S9999	<p>Continued From page 1</p> <p>seven-day-a-week basis:</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident. (Section 2-107 of the Act)</p> <p>THESE REGULATIONS WERE NOT MET AS EVIDENCED BY:</p> <p>Based on interview and record review the facility failed to comprehensively assess and implement progressive interventions to address consistent abnormal bowel elimination patterns for a demented resident for 1 of 3 resident (R4) reviewed for constipation in the sample of 14. This resulted in R4 having significant behavioral issues related bowel elimination requiring hospitalization.</p> <p>Findings include:</p> <p>1. R4 was admitted to the facility on 2/15/16 with diagnoses, in part, of: Dementia with behavioral disturbance and lack of coordination.</p> <p>R4's Minimum Data Set (MDS) dated 2/25/16 documents R4 is severely cognitively impaired. R4's MDS dated 5/23/16 documents R4 requires extensive assistance with two staff members for toileting.</p>	S9999			

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S9999	<p>Continued From page 2</p> <p>R4's Care Plan, dated 2/18/16, documents R4 "cannot see." The Care Plan further documents R4 "has an Activity of Daily Living Self Care (ADL) Performance deficit. Toilet: (R4) requires one staff participation to use toilet." There is no documentation on R4's Care Plan regarding R4's difficulty with bowel evacuation.</p> <p>R4's Hospital Emergency Room (ER) History and Physical documents on 5/23/16, "Chief Complaint: Altered Mental status. History of Present Illness: 83 year old male brought from the nursing home because of altered mental status with confusion and violent behavior. This started after staff at the nursing was giving him an enema for severe constipation. Review of System (ROS) Psychiatric: positive for agitation. Physical Exam: Constitutional: The patient was awake, ill-appearing and poorly responsive. The patient was in moderate distress. Disposition: Admit."</p> <p>R4's "Documentation Survey Report" dated February 2016 documents no bowel movements for 7 days on 2/17/16 through 2/23/16. R4's Report dated March 2016 documents no bowel movement for 7 days, 3/17/16 through 3/23/16, and again for 5 days, 3/26/16 through 3/30/16. R4's Report for April 2016 documents no bowel movement for 4 days, 4/8/16 through 4/11/16. R4's May 2016 Report documents no bowel movement for 6 days, 5/11/16 through 5/16/16.</p> <p>R4's February, March, April and May 2016 Medication Administration Records (MARs) did not document any routine medication for bowel issues.</p> <p>R4's MAR documents a start date of 2/15/16 for Milk of Magnesia Suspension 400 milligrams</p>	S9999			

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S9999	<p>Continued From page 3</p> <p>(mg)/5 milliliters (ml), give 30 ml by mouth as needed for constipation at bedtime with no BM in 3 days. R4's February MARs do not document administration of any medications to facilitate bowel movements.</p> <p>R4's March MAR documents Milk of Magnesia was given twice on 3/22/16 and 3/23/16 with "ineffective" and "unknown" documented as the results during 3/17/16-3/23/16 when R4 did not have a bowel movement. R4 was given Milk of Magnesia on 3/29/16 with results documented as "ineffective" during the time period between 3/26/16 and 3/30/16, when R4 did not have a bowel movement. R4's medical record had no documentation that the facility contacted Z2, R4's physician, of R4's inability to have a bowel movement during these times.</p> <p>The MAR documents a start date of 4/5/16 of Bisacodyl Suppository 10 mg, insert 1 suppository rectally every 24 hours as needed for facility bowel protocol, Glycerin Adult Suppository, insert 1 suppository rectally every 24 hours as needed for facilitate BM, and Suppository Fleet Enema 7-19 GM (gram)/118 ml, insert 1 suppository rectally every 24 hours as needed for facilitate BM. R4's April MAR documents that Milk of Magnesia was given on 4/11/16 with "ineffective" documented as the results during 4/8/16 through 4/11/16 when R4 did not have a bowel movement. R4's medical record had no documentation that the facility contacted Z2 regarding R4's inability to have a bowel movement.</p> <p>R4's May MAR documents Milk of Magnesia given on 5/9/16, 5/10/16, and 5/13/16 with "ineffective" documented as the results during 5/11/16-5/16/15 when R4 did not have a bowel</p>	S9999			

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S9999	<p>Continued From page 4</p> <p>movement. A Bisacodyl suppository was documented as given on 5/14/16 with "unknown" documented as the results during this same time period. R4's medical record had no documentation that the facility contacted Z2 regarding R4's inability to have a bowel movement.</p> <p>R4's Nursing Notes, dated 5/23/16 documents "Called to (R4) room by Certified Nurse Assistant (CNA), (R4) up on toilet screaming for help, very agitated unable to have BM (bowel movement), upon giving PRN (as needed) enema (R4) became very combative, kicking, screaming, grabbing staff stating "I'm going to break your arm" forcefully flailing himself around, grabbed staff trying to bite them. Assisted by CNA and another nurse, (R4) was given a shower due to BM being all over (R4). (R4) returned to bed, staff trying multiple interventions to calm (R4), PRN ativan given but (R4) spit it at nurse, self inflicted s/t (skin tear) noted to left forearm, multiple attempts to reapproximate with steri strips, (R4) continued to hit, kick and cuss staff, third nurse called to room while writer phoned (E1, Director of Nursing, DON), and on call for permission to send to Emergency Room due to no PRN IM (intramuscular) available, ordered received and wife notified and agrees with transfer, ambulance phoned."</p> <p>On 6/6/16 at 3:05 PM, E5, CNA, stated R4 was blind and needed assistance from staff for ADL's. E5 stated R4 didn't have much of bowel movements and that R4 had a hard time with bowel movements. E5 stated R4's behaviors would increase when he (R4) needed to have a bowel movement and then R4 would calm down after having bowel movement.</p>	S9999			

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S9999	<p>Continued From page 5</p> <p>On 6/6/16 at 3:07 PM, E6, Restorative Registered Nurse, RN, stated R4 was legally blind and went to the restroom and would use a urinal. E6 stated she doesn't think R4 had any issues with his bowels and would go regularly.</p> <p>On 6/6/16 at 3:00 PM, E4, Licensed Practical Nurse, LPN, stated R4 sometimes had hallucination and was hard to re-direct. E4 stated she was unsure what R4's triggers for behaviors were. E4 stated R4 was blind and completely dependent on staff. E4 further stated R4 required medication for bowel movements and the facility protocol was if residents did not have bowel movement for 3 days, the computer system would alert staff.</p> <p>On 6/6/16 at 3:30 PM, E7, CNA, stated R4 required 2 people for toileting. E7 stated R4 had trouble with having a bowel movement and R4 talked about his bowels a lot.</p> <p>On 6/7/16 at 8:00 AM, E1, Administrator, confirmed R4 had bowel trouble.</p> <p>On 6/7/16 at 8:55 AM, E13, CNA, stated R4 was unable to see and required a lot of assistance. E13 stated R4 was very frustrated at times and would require short directions from staff. E13 stated R4 would become combative at times. E13 stated R4 did not have regular bowel movements and would show up on the bowel list the facility generates. E13 stated Z1, R4's wife, said they pushed fluids at home and he was always constipated and having bowel problems. E13 stated R4 would be up and down and noticed behaviors decreased after successful bowel evacuation. E13 stated she knew R4 received milk of Magnesia or Miralax which was not successful and would have to take multiple doses</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>of those medications. E13 stated CNAs report to nursing staff if residents have had results with medications for bowels.</p> <p>On 6/7/16 at 9:52 AM, E10, Social Service Director, stated staff called the Emergency Room on 5/23/16 due to R4's increased behaviors. E10 stated R4 was having a hard time having a bowel movement and R4 got all "riled up." E10 stated R4 was scratching and biting staff. E10 stated R4 was sent out to the emergency room.</p> <p>On 6/7/16 at 1:44 PM, E17, CNA, stated R4 was up and down on the toilet on 5/23/16 because he had to go to the bathroom. E17 stated R4 had loose watery stool running down his leg and all over bathroom and R4's bedroom. E17 stated R4 would grunt and push with no result and would state "I need to take a sh**." E17 stated E12 had to give R4 a fleets enema and R4 laid still while the fleets enema was administered. E17 stated R4 had quite a bit of stool all over him and E11 and E12 took R4 to the shower room and BM was dripping everywhere down the hall. E17 stated she did not accompany E11 and E12 to the shower room with R4 and she stay to clean up R4's bathroom, bedroom and hallway.</p> <p>On 6/7/16 at 10:52 AM, E11, LPN, stated she was on duty the night of 5/23/16 when R4 was sent to the ER. E11 stated upon entering R4's bathroom, she noticed liquid BM all over R4's bedroom and bathroom. E11 stated R4 was very agitated, yelling and swinging his arms. E11 stated R4 is blind and was grabbing and punching. E11 stated she did not listen to R4's bowels during the incident of 5/23/16 and did not believe E12, LPN, did either. E11 stated E12 felt R4's stomach when R4 was in the bathroom and that R4 was tender. E11 stated she couldn't tell if R4 was in</p>	S9999			

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S9999	Continued From page 7 pain and he was not able to verbally confirm pain. E11 stated she and E12 got R4 into bed and E12 left room to get an enema for R4. E11 stated R4 had liquid stool so she thought he was constipated. E11 stated she did a rectal exam on R4 and felt hard formed stool. E11 stated R4 continued to yell, kick and curse during this time. E11 stated R4 allowed E12 to administer the enema. E11 stated R4 had feces everywhere and all over himself so E11 and E12 got a shower chair and took R4 to the shower. E11 stated R4 continued to kick and scream, yelling profanities, fighting staff and even bit E12 on the hand during his shower. E11 stated R4 yelled during the shower "I'm going to break your arm" and "I'm going to kill you." E11 stated once E11 and E12 were done giving R4 a shower, they took him back to bed. E11 stated E12 gave R4 a PRN Ativan and R4 spit it out at E11. E11 stated she stayed with R4 while E12 went to call Z2 for R4 to be sent to the hospital. E11 stated R4 had behaviors in the facility but nothing like the night of 5/23/16. E11 stated his behaviors were hard to track and she felt this behavior was because R4 could not have a bowel movement and he was anxious. E11 stated she could usually talk R4 down, or take him to the bathroom to help decrease behaviors. E11 stated R4 had bowel issues at home and that Z1 had to give him medicine to help with having a bowel movement. E11 stated R4 came to the facility with his own Milk of magnesia. E11 stated the facility had orders to give R4 Milk of Magnesium and that the facility protocol was that residents were flagged if they did not have a bowel movement in 3 days. E11 stated R4's Milk of magnesia was ineffective, then R4 had a suppository ordered that would sometimes work. E11 stated R4 had enemas order as well but thought R4 had only received an enema a couple of time since his admission. E11	S9999			

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S9999	<p>Continued From page 8</p> <p>stated the facility's policy/procedure is to run a BM report around 10:00 PM and the residents that have not had a BM for 3 days will be flagged. E11 stated the nursing staff double checks with the CNA's and then give those residents Milk of Magnesia and wait 12 hours, then a suppository if no results with the Milk Of Magnesia. E11 stated she is unsure how long you wait after giving the suppository if there are no results and that R4 was the only residents she has seen with an enema order. E11 stated she would call the residents doctor if no BM after 12 hours with a suppository and no results. E4 stated she was unsure why R4 went more than 3 days without a BM.</p> <p>On 6/7/16 at 9:20 AM, E12 stated she was the nurse caring for R4 on 5/23/16. E12 stated R4 had behaviors and they varied. E12 stated sometimes R4 would become aggressive and sometimes he was friendly. E12 stated R4 was blind and had confusion and hallucinations at times. E12 stated she would notice a decrease in R4's behaviors after a successful bowel movement. E12 stated on 5/23/16, E17 came and got E12. E12 went to R4's room and R4 was on the toilet. E12 stated R4 was agitated due to needing to have a BM. E12 stated R4 can't have a BM on his own without having PRN medication given. E12 stated R4 was antsy and couldn't sit still. E12 stated R4 was anxious and up and down on the toilet. E12 stated R4 was kicking and yelling at staff stating "I can't get it out- I need to go to the bathroom!" E12 stated there was loose stool all over R4's room from the bed to the bathroom and all over the toilet. E12 stated R4 was yelling "trying to take a sh**." E12 stated E11 and E17 assisted R4 back to his bed and E11 did a digital rectal exam and felt hard formed stool. E12 stated R4 continued kicking and screaming</p>	S9999			

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S9999	Continued From page 9 during this time. E12 stated she went and got an enema and tried to give it to R4 and R4 was "wound for sound". E12 stated the enema was successful and there was fecal matter and loose stool all over R4. E12 stated she and E11 put R4 in a shower chair and took R4 to the shower room. E12 stated R4 still continued kicking and screaming during this time and in the shower room. E12 stated R4 got a hold of her wrist and R4 state "I'll break your arm" and "I'll kill you son of a bi*****." E12 stated R4 bit her on the wrist during R4's shower. E12 stated after showering R4, E11 and E12 laid R4 down and E12 stated she gave R4 a PRN Ativan which R4 spit out at E11. E12 stated she called to send R4 out of the facility. E12 stated R4 was kicking, scratching, hitting and didn't know what else to do. E12 stated R4 would get PRN medications for bowel movements and it starts with Milk of Magnesia, then suppository, then enema. E12 stated she was unsure if anyone listened to R4's bowels on 5/23/16 and stated she did not. E12 stated she was unsure is R4 had pain as R4 could not specify pain. E12 stated she felt R4's abdomen and it was hardened but wasn't too obvious. E12 stated R4 is the only person we have been giving enemas too. E12 stated she does not have a good answer as to why R4 went more than 3 days without a bowel movement during his stay at the facility or why the doctor was not notified of these times. E12 stated she would call a residents physician after an enema with unsuccessful results-if its too that point and that doesn't work then there is something more going on. E12 stated she is not sure about the facility policy is there no BM after 3 days. E12 further stated she hasn't usually encountered someone who hasn't gone to the bathroom. E12 stated she did not consider giving R4's PRN anxiety medications before the enema. E12 stated it was	S9999			

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S9999	<p>Continued From page 10</p> <p>a last resort and they (anxiety medication) generally don't even work.</p> <p>On 6/7/16 at 11:20 AM, E2, Director of Nursing, DON, stated she had no reports of bowel issues for R4. E2 stated she expects staff to call the doctor after 3 days of no bowel movement. E2 stated that is the facility's protocol. E2 stated they do not have any documentation or policy in writing on 3 days, it's just what the facility does. E2 stated she expects nursing staff to follow through if giving a medication to help with facilitating a bowel movement. E2 stated she expects staff to call the doctor if no success within 8 hours of giving medications to help with bowel movements. E2 further stated she expected staff to call the doctor after 3 days of no bowel movement. E2 stated she would expect staff to have progressive interventions to facilitate bowel movements, utilize the ordered medications, and even get R4 on a daily regimen instead of PRN medications. E2 stated the computer system flags residents that did not have a BM for 3 days and nursing is to address this. E2 stated she did not know why or how R4 had multiple days of exceeding the 3 days without a bowel movement with the system the facility uses.</p> <p>The Facility's Policy "Bowel Disorders-Clinical Protocol" dated April 2013, documents: "1. As part of the initial assessment the staff and physician will help identify individuals with previously identified lower Gastrointestinal tract conditions an symptoms. This should include a review of gastrointestinal problems during any recent hospitalization, results of previous barium studies, endoscopies, et. 2. Examples of lower gastrointestinal tract conditions and symptoms include: d. Pain with defecation, f. alteration in bowel movements, h. Residents taking</p>	S9999			

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